Relationship & Marriage Coaching

Helping Relationships Grow Through Life's Challenges

EXPERIENCE & APPROACH

National Certified Counselor
Relationship Enrichment Coaching
Goal Setting & Progress Oriented
No Psychotherapy
No Diagnosing
Non-Clinical
Certified 5 Love Languages Coach
30+ Years Experience

ENRICHMENT & COACHING EXPERTISE

- Improving Relationship & Marriage Connection
- Cultivating Relational & Emotional Intelligence
- Strengthening Communication
- Enhancing Intimacy *(Emotional, Intellectual, Sensual, Sexual & Spiritual)*
- Overcoming Infidelity
- Rebuilding Trust, Re-Establishing Closeness
- Coping with Chronic Illnesses, Life Changes, Loss & Grief

COUPLES & INDIVIDUAL COACHING

– CALL OR TEXT –

(719) 769-1470

OFFICE IN MONUMENT, CO

HOME VISITS ARE POSSIBLE AS WELL

FREE 30 MINUTE PHONE CONSULTATION